

# **Unofficial Degree Planning Worksheet**

# *Catalog Year: 2019-2020*

# BS in PUBLIC HEALTH - WELLNESS

| This worksheet is designed to help you plan and track your progress toward your degree. It lists all the graduation requirements. For full course descriptions, please refer to the current undergraduate [Catalog](http://www.ut.edu/catalog). | Course Taken or Transferred In | Semester Taken or Course Remaining |
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| UNIVERSITY GRADUATION REQUIREMENTS |
| [ ] Students must earn 124 hours to be eligible for graduation.[ ] Students must maintain an overall GPA of a 2.0 to be eligible for graduation.[ ] Students must complete 31 of the last 35 hours in residency at UT. |
| BACCALAUREATE EXPERIENCE REQUIREMENTS***Courses used for Baccalaureate Experience may not be used in the major (unless otherwise stated in the catalog).*** |
| Two-Year Learning Community |
| BAC 100 (0cr) – Digital Skills |  |  |
| BAC/HON 101/102 (2cr) – First-Year Seminar (two semester sequence)BAC 103 (1cr) – Transfer Student Seminar (one semester course) *- Optional*BAC 104 (1cr) – Veteran Student Seminar (one semester course) |  |  |
| AWR 101 (4cr) – Writing and Inquiry* *Domestic Students may be required to take AWR 100 based on English Placement.*
* *International Students may be required to take AWR 110 before AWR 101 or AWR 111 in conjunction with AWR 101 based on English Placement.*
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| AWR 201 (4cr) – Writing and Research *Recommended to take in the second year* |  |  |
| Mathematics (4cr) – MAT 155 or Higher |  |  |
| Natural Science – NS (6 Credits) – ***Must be lecture course, not a lab.*** |
| Biological Science (3cr) – BIO 183 – Microbiology for Allied Health Sciences**OR**BIO 198 – General Biology I***Pre/Co-Req:*** *CHE 152 and CHE 153L****Co-Req:*** *BIO 198L* |  |  |
| Chemical or Physical Science (3cr) – CHE 150 - Chemistry for Health Care Professions***Pre-Req:*** *MAT 150 or equivalent***OR**CHE 152 – General Chemistry I***Pre-Req:*** *MAT 160 or equivalent****Pre/Co-Req:*** *CHE 153L (with a grade of “C” or better)* |  |  |
| Humanities – HFA (11 Credits) |
| * *Must have at least two different disciplines represented.*
* *May only apply up to 4 credits of Studio/Performance courses.*

*Courses to fulfill this requirement may be found in the following disciplines: animation, dance, english/literature, film, foreign languages, linguistics, music, new media, philosophy, religion, speech and theatre, plus those art, communication, writing and women’s and gender studies courses so designated in the Course Descriptions section of the catalog.* |  |  |
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|  | Course Taken or Transferred In | Semester Taken or Course Remaining |
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| Social Science – SS (11 Credits) |
| * *Must have at least two different disciplines represented.*

*Courses to fulfill this requirement may be found in the following disciplines:* *economics, geography, history, political science, psychology, sociology, and urban studies, plus those communication, criminology, law justice and advocacy, and women’s and gender studies courses so designated in the Course Descriptions section of the catalog.* |  |  |
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| Art/Aesthetic – A (3 Credits)***Can come from anywhere in the curriculum.*** |
| *Art/aesthetic courses are devoted primarily to the development of skills in human expression for the purpose of engaging the aesthetic sense, or courses devoted primarily to the development of students’ critical appreciation of aesthetics. Courses can be found in multiple disciplines, see Course Search or Catalog to find courses.* |  |  |
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| Non-Western and International/Global Awareness – NW/IG (9 Credits)***Can come from anywhere in the curriculum.*** |
| Non-Western (3cr) *Deal in either a direct or comparative way with political, social, or cultural issues within the context of non-Western or Third World concerns.* |  |  |
| International/Global Awareness (3cr)*Deal in a direct or comparative way with political, social, cultural or economic issues impacting the international and/or global arena.* |  |  |
| Non-Western or International/Global Awareness (3cr) |  |  |
| Writing Intensive – W (9 Credits)***Can come from anywhere in the curriculum.*** |
| *Courses in addition to AWR 101 and AWR 201 that emphasize writing as a process of learning and communicating. Some credits may be waived for transfer students, please refer to the Catalog for more information.* |  |  |
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| MAJOR REQUIREMENTS (61-62 Credits) |
| CORE COURSES (44 Credits) |
| HSC 236 (3cr) – Introduction to Public Health |  |  |
| HSC 240 (3cr) – Global Disparities in Environmental Health |  |  |
| HSC 340 (4cr) – Qualitative Research Methods***Pre-Req:*** *HSC 236* |  |  |
| HSC 350 (4cr) – Biostatistics***Pre-Req:*** *ESC 110 or HSC 200 or HSC 236* |  |  |
| HSC 355 (4cr) – Research Methods in Health Education and Promotion***Pre-Req:*** *HSC 350* |  |  |
| HSC 360 (4cr) – Principles of Epidemiology in Exercise and Public Health***Pre-Req:*** *ESC 110 or HSC 200 or HSC 236* |  |  |

|  | Course Taken or Transferred In | Semester Taken or Course Remaining |
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| HSC 375 (3cr) – Health Education Theory and Strategies***Pre-Req:*** *HSC 236* |  |  |
| HSC 440 (3cr) – Health Policy and Social Changes***Pre-Req:*** *HSC 236* |  |  |
| HSC 445 (3cr) – Program Planning and Evaluation in Health Promotion & Education***Pre-Req:*** *HSC 236 and HSC 375* |  |  |
| HSC 450 (3cr) – Public Health Management and Leadership***Pre-Req:*** *HSC 236* |  |  |
| HSC 490 (6cr) – Internship in Public Health***Pre-Req:*** *permission of instructor* |  |  |
| Social Sciences Elective (4cr)Choose **one** of the following:* SOC 306 – Racial and Ethnic Relations *(Pre-Req: SOC 100)*
* SOC 313 – Social Stratification *(Pre-Req: SOC 100)*
* SOC 320 – Sociology of Gender *(Pre-Req: SOC 100)*
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| Social Science Elective (4cr) |  |  |
| HEALTH EDCUAITON & WELLNESS CONCENTRATION COURSES (17-18 Credits) |
| HSC 100 (3cr) – Personal and Family Health |  |  |
| HSC 130 (3cr) – Medical Terminology |  |  |
| HSC 203 (3cr) – Nutrition |  |  |
| HSC 380 (3cr) – Materials and Methods in Health Education and Health Promotion***Pre-Req:*** *HSC 375* |  |  |
| Major Elective (3 Credits)Choose **one** of the following: * HSC 220 – Functional Anatomy
* ESC 280 – Adult Fitness
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| Major Elective (3cr) |  |  |
| Major Elective (3 Credits)Choose **one** of the following:* ESC 301 – Sport and Exercise Psychology
* HSC 420 – Nutritional Supplements *(Pre-Req: One of the following, HSC 203, HSC 230, NUR 432, CHE 232, BIO 330, BIO 360, or permission of the instructor)*
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| Major Elective (3cr)  |  |  |
| Major Residency Requirements (15 Credits) |
| *Students must complete at least 15 credit hours in the student’s major.* |
| Major GPA Requirements |
| *Students must maintain a major GPA of a 2.0 to be eligible for graduation.* |