

In the instance that there is a death or suicide in the UT community, the following are resources that can be used to help. Some resources may only be applicable in certain situations.

Resources for whole campus community

[I've Lost Someone](#)

Search for local support groups and get additional information on dealing with loss.

[Coping with Grief and Loss](#)

Information on the stages of grief and healthy bereavement behaviors.

[American Foundation for Suicide Prevention](#)

AFSP raises awareness, funds scientific research and provides resources and aid to those affected by suicide

[Survivor Outreach Program](#)

This peer support program has several trained volunteers, who are suicide loss survivors, who can provide in person or online support. These volunteers know firsthand the struggle of losing a loved one to suicide and can provide a supportive ear as well as information about community resources.

[International Survivors of Suicide Loss Day](#)

This is the program hosted at UT in November. While it's a once yearly event, videos are available for streaming directly from the website.

[Remembrance Service](#)

The Faith, Values and Spirituality program provides the campus with an evening focused on remembering the lives of those we have lost. This program is annually hosted in November. Please contact the Wellness Center for more information at 813-257-1877 or wellness@ut.edu.

Student Resources

[UT Counseling Center](#) 813-253-6250

The University of Tampa Counseling Services, located in the Dickey Health and Wellness Center directly behind Austin Hall, provides counseling to all full-time undergraduate students and all international graduate students. Domestic graduate students without an active student health insurance policy will be assessed a fee.

Referral to an off campus counselor that takes student insurance can be made from the center.

[Student of Concern Program](#)

If you know of a student who is not dealing with grief in a healthy way, please use the Student of Concern report form to get assistance for the student. This can be done anonymously.

[UT Medical Services](#) 813-253-6250

All full-time undergraduates (those students registered for 12 or more hours) and all full-time

graduate students (those students registered for eight or more hours) are eligible to use the Health Center.

[Spiritual Guidance](#)

Meet with one of our Faith Community Partners for Spiritual Direction. Contact the Wellness Center 813-257-1877 or wellness@ut.edu. Spiritual Direction is provided by the following Faith leaders: Baha 'I, Catholic, Episcopal, Humanist/Meaning Making, Interfaith, Islam, Jewish, Messianic, Methodist, Unity

[Memorial Services](#)

Staff of the Wellness Center will assist students in planning a memorial service on campus. Please contact the Center at 813-257-1877 or wellness@ut.edu.