# Unofficial Degree Planning Worksheet Catalog Year: 2023 – 2024

# Major: BA in Art Therapy

This worksheet is designed to help you plan and track your progress toward your degree. It lists all graduation requirements. Course descriptions are available in the current catalog. More detailed descriptions of the program can be found in the [2023 – 2024 catalog](https://ut.smartcatalogiq.com/current/catalog/).

## University Graduation Requirements

Students must earn 124 hours to be eligible for graduation.

Students must maintain an overall minimum GPA of 2.0 to be eligible for graduation.

Students must maintain a major minimum GPA of 2.0 to be eligible for graduation.

Students must complete 31 credit hours in residency at UT to be eligible for graduation.

Students must complete 15 credit hours in residency at UT in their major coursework.

## Spartan Studies Requirements

### First-Year

| **First-year Requirement** | **Course Taken** | **Semester Taken** |
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| UTAMPA 101 (1cr)/102 (1cr) – First-Year seminar two semester sequence **or** UTAMPA 103 (2cr) – Transfer student seminar  **or** UTAMPA 104 (2cr) Veteran student seminar  – must be taken in residency |  |  |
| AWR 101 (4cr) - Reading Locally & Globally  **or** AWR 110 (5cr) – Academic Writing for Multilingual Students |  |  |
| Math (4cr) Requirement (choose one):  MAT 155, MAT 160, MAT 170, MAT 201, MAT 225, MAT 260, MAT 261 |  |  |

### Core

| **Core Requirement** | **Course Taken** | **Semester Taken** |
| --- | --- | --- |
| AWR 201 (4cr) – Writing and Research: The Local and the Global  *Pre-requisite (one of the following): AWR 101, AWR 110, or equivalent* |  |  |
| [Core Humanities](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/SpartanStudies_CoreHumanitiesLink.pdf) (4cr) – must be taken in residency, AWR 201 is a prerequisite or must be taken concurrently |  |  |
| [Core Social Science](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/SpartanStudies_CoreSocialSciencesLink.pdf) (4cr) – must be taken in residency, AWR 201 is a prerequisite or must be taken concurrently |  |  |
| UTAMPA 200 (1cr) Digital Literacy: Coding  **or** one of the following: CSC 101, ITM 251, MAT 285, PHY 180 |  |  |
| UTAMPA 201 (0cr) Career Readiness |  |  |
| Spartan Studies Culminating Experience (4cr)  – must be taken in residency  *Pre-requisite: Spartan Studies First-year and Core Requirements (UTAMPA 101/02 or UTAMPA 103 or UTAMPA 104, AWR 101, Math, AWR 201, UTAMPA 200, UTAMPA 201, Core Humanities, Core Social Science); individual courses may have additional pre-requisites* |  |  |

### Distribution Requirements

Note that **one** of the distribution requirements may also be used to meet requirements in the major if there is overlap.

| **Distribution Requirement** | **Course Taken** | **Semester Taken** |
| --- | --- | --- |
| [Social or Behavioral Science](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/SpartanStudies_SocialScienceDistributionLink.pdf) (4cr) |  |  |
| [Visual and Performing Arts](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/SpartanStudies_VisualandPerformingArtsLink.pdf) (3cr) | ART 261 or ART 262 |  |
| [Text-Based Humanities](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/SpartanStudies_Text-BasedHumanitiesDistributionLink.pdf) (4cr) |  |  |
| [Natural Science](https://www.ut.edu/uploadedFiles/Academics/Provost/SpartanStudies/Spartanstudies_NaturalScienceDistributionLink.pdf) (4cr) |  |  |

## Art Therapy Major Requirements (70 Credits)

### Foundation Requirement

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| --- | --- | --- |
| **Foundations Requirement (18 credits)** | **Course Taken** | **Semester Taken** |
| ART 102 (4cr) – Foundations: Drawing |  |  |
| ART 103 (2cr) – Foundations: Materials & Methods |  |  |
| ART 104 (4cr) – Foundations: 2-D Design |  |  |
| ART 105 (4cr) – Foundations: 3-D Design |  |  |
| ART 110 (4cr) – Foundations: Digital Art |  |  |

### Studio Core Requirement

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| **Studio Core Requirement (18 credits)** | **Course Taken** | **Semester Taken** |
| ART 209 (4cr) – Figure Drawing  **or** ART 304 (4cr) Experimental Design I (1)  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, ART 110, ART 208, ART 218, ART 231, ART 232, ART 233, ART 251, ART 252* |  |  |
| ART 261 (4cr) – Sculpture Mold-Making and Casting I (1) (Can fulfill Spartan Studies Distribution Requirement)  **or** ART 262 (4cr) – Experimental Sculpture I (1) |  |  |
| ART 201 (4cr) – Introduction to Painting  **or** ART 251 (4cr) – Mixed-Media Painting I (1)  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, ART 110, ART 201, ART 209, ART 231*  **or** ART 252 (4cr) – Experimental Painting I (1)  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, ART 110, ART 201, ART 209, ART 231* |  |  |

### Advanced Studio Elective Requirement

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| **Advanced Studio Elective Requirement (4 credits)**  Refer to catalog for the [Elective Options](https://ut.smartcatalogiq.com/en/current/catalog/college-of-arts-and-letters/department-of-art/art-therapy/bachelor-of-arts-in-art-therapy/).  *Pre-requisites will depend on the course chosen.* | **Course Taken** | **Semester Taken** |
| Advanced Studio Elective (4cr) |  |  |

### Art Therapy Core Requirement

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| **Art Therapy Core Requirement (20 credits)** | **Course Taken** | **Semester Taken** |
| ART 230 (3cr) – Introduction to Art Therapy |  |  |
| ART 240 (2cr) – Arts in Health |  |  |
| ART 330 (3cr) – Art Therapy with Children and Adolescents  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, PSY 101, ART 230, ART 240, or permission of the instructor* |  |  |
| ART 331 (3cr) – Art Therapy with Adults  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, PSY 101, ART 230, ART 240, or permission of the instructor* |  |  |
| ART 333 (3cr) – Applications for Health and Wellness Professions  *Pre-requisite: ONE of the following: ART 102, ART 103, ART 104, ART 105, PSY 101, ART 230, ART 240, or permission of the instructor* |  |  |
| ART 412 (3cr) – Art Therapy Practicum  *Pre-requisite: Any two of the following courses: ART 230, ART 330, ART 331, ART 333. Juniors and seniors only, or permission of the instructor* |  |  |
| ART 497 (3cr) – Art Therapy Capstone  *Pre-requisite: ART 412* |  |  |

### Social Science Requirements

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| **Social Science Requirements (16 credits)** | **Course Taken** | **Semester Taken** |
| SOC 100 (4cr) – Introduction to Sociology |  |  |
| PSY 210 (4cr) – Development I (1): Child Psychology  *Pre-requisite: PSY 101* |  |  |
| PSY 231 (4cr) - Inquiry into Clinical and Counseling Psychology  *Pre-requisite: PSY 101* |  |  |
| PSY 303 (4cr) – Abnormal Psychology  *Pre-requisite: PSY 101, PSY 211, and one other 200-level course* |  |  |